



Push Further See Further

WHY EVERY STUDENT NEEDS THE ‘HOWTOBE’ MIND REBOOTING WORKSHOP

What Traditional Academic Curriculums Can’t Offer

🎯 1. Academics Teach Information — We Facilitate Transformation

Regular curricula focus on grades and facts.

HowToBe helps students reboot their inner system, making them emotionally resilient, mentally agile, and life-ready.

💡 2. Institutions Sharpen the Mind — We Help Still It

Students are taught how to think fast, compete, and perform.

But they are rarely taught **how to pause, observe, reflect, and realign** — essential skills for inner peace and long-term success.

🌀 3. Classroom Covers Syllabus — We Explore Self-Awareness

Students know physics and history, but often don’t know what triggers their anxiety or dulls their motivation.

HowToBe helps them understand their thoughts, emotions, and behavioral patterns.

☐ 4. We Reboot What’s Not Working

When students feel stuck, distracted, or lost, **HowToBe** shows them how to consciously reset and recover their clarity — using body-mind techniques and experiential learning.

🔥 5. From Fear of Failure to Power of Purpose

Traditional systems often build fear, comparison, and pressure.

We introduce students to the **science of focus, creativity, and self-belief**.

🔧 6. Not Just Another Workshop — It’s an Inner Toolkit for Life

‘HowToBe’ equips students with practical tools to stay grounded in an overstimulated world — helping them handle challenges not just in exams, but in relationships, emotions, and real-world choices.

★ Final Thought:

Institutions build intellectual strength. ‘HowToBe’ builds human strength.

For a future that demands more than marks, this workshop is not optional — it’s essential.



Initiative

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